

APPENDIX 14 Be Nourished, Romania

Maria

... works in a small textile factory that produces clothing. Her job is to cut large pieces of textile with an electric car. Often, it's easier to work on the car without protection. Table breaks are taken in a small room and most workers bring their food there. The toilets go outside this room.

questions:

1. What effect do these factory conditions have on Mary's health?
2. What should the employer do?
3. Are there things that Mary can do?
4. Who else can get involved?
5. What questions would you like to ask if you start working in a large factory or organization?

Ioana

... just started working. She was interviewed and tested to find out what it would be best to do. She went through a company-driven training before she started working in the store. It's a cafeteria for employees, but she prefers to go out for lunch and often meets her friends at a nearby bar. She was delayed twice, and it was obvious she had drunk alcohol. They like to use the company's sports facilities. Medical services provide all employees with a regular health check.

questions:

1. What effect do you think the working conditions have on her health?
2. What was the most important thing the employer did for Ioana and her colleagues?
3. Can anything be done?
4. Are there any other things that can be done to improve Joan's health?
5. What questions would you like to ask if you start working in a large factory or organization?

PAUL:

... he is 13 years old. He suffers from diabetes. This means that you need to take regular doses of insulin to keep your blood sugar level at the same level. If he forgets, he may become pale, feel disoriented and sweat abundantly. At such an event he lost consciousness.

questions:

How can Paul's colleagues help him deal with diabetes?

1. Can the school or teachers help him anyway?
2. What can Paul do to keep himself as healthy as possible?
3. Can you think of other conditions that affect people's health for a long time?
4. Is there a group or organization that can do something to help?

Radu

... is 13 years old and sells newspapers every morning to raise money to go out with friends in the mountains. He wakes up every morning before 6 o'clock and is now asked to work on Sundays. He has an intense social life and it is difficult for him to combine school with the rest of his activities.

questions:

1. What health effect do you think his current service has?
2. What do you think the employer should do to ensure that nothing bad happens to him?
3. Are there things that Radu itself can do?
4. Who can care for them?